

# YEAR OF PRAYER



Diocese of  
Shrewsbury

## Information for Year of Prayer Retreat Days

The Mission for Evangelisation, Catechesis, Marriage & Family Team are offering Retreat Days on Prayer for Parishes. A typical schedule is set out below. The Presentations by the team offer a snapshot into Part Four of the Catechism of the Catholic Church on Prayer. However, the team are happy to adapt the day according to the needs or preference of the Parish.

### Booking a retreat

To book a Retreat day please contact the Team as follows:

Jane Deegan: [jane.deegan@dioceseofshrewsbury.org](mailto:jane.deegan@dioceseofshrewsbury.org)

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Stephen Yates: [stephenyates@dioceseofshrewsbury.org](mailto:stephenyates@dioceseofshrewsbury.org)

### Overview of the Day

10.00 Welcome Everyone

10.10 Morning Prayer (Lauds) Everyone

10.40 Sycamore Clip – What is Prayer Fr Stephen Wang

10.50 Presentation 1: Prayer in Scripture Team Member

11.25 Questions & Discussion Everyone

12.00 Mass Everyone

12.40 Lunch Everyone

1.15 Presentation 2: Distractions in Prayer Team Member

2.00 Questions & Discussion Everyone

2.30 Adoration Everyone

3.00 Finish Everyone