



# PRAYER & LIFE WORKSHOPS

Prayer & Life Workshops is a service to the Church led by prayer guides and devised by Fr Ignacio Larranaga, a Spanish Capuchin priest. It has reached all five continents and is coming to St Alban's Catholic Church Macclesfield.

## **Through Prayer & Life Workshops, you will:**

Learn and practice a variety of ways of praying

Become more familiar with the Word of God as a source of a living dialogue with the Lord

Be challenged to live like Christ, seeking to do as the Lord would do in your place

Become more fully the living presence of Christ



**We invite you to a taster session on March 8th 2024  
at St Alban's Parish Centre, Hall Street Macclesfield**

PRAYER AND LIFE WORKSHOPS  
A New Evangelization



# HOW CAN I TAKE PART?

Our 'Taster Session' is taking place at the St Alban's Catholic Church Macclesfield on

**Friday 8th March 2024 at 10.00am**

(there is parking in the car park in Longacre Street at the bottom of Hall Street close by).

The workshops then take place over the course of 15 weeks at the same venue from:

**Friday 15th March 2024: 10.00am to 12.00pm.**

The last session is a full-day retreat.

"WE CANNOT UNDERSTAND GOD.  
BUT WE CAN EMBRACE HIM.  
AND IF WE EMBRACE HIM IN PRAYER,  
THEN WE UNDERSTAND HIM BETTER"

FR. IGNACIO LARRANAGA

