1. The Mystery of Prayer.
2. The Prayer of a Christian.
3. The Mystery of Creation.
4. The Prayer of the Righteous.
5. The Prayer of Abraham.
6. The Prayer of Jacob.
7. The Prayer of Moses.
8. The Prayer of David.
11. The Prayer of the Psalms 1.
11. The Prayer of the Psalms 2.
15. The Virgin Mary, Prayerful Woman.
16. The Prayer of the Nascent Church.
17. The Blessing.
18. The Prayer of Petition.
19. The Prayer of Intercession.
20. The Prayer of Thanksgiving.
21. The Prayer of Praise.
22. Prayer with the Christian Scripture.
23. Praying in the Liturgy.

27. Praying in Communion with Mary.
28. Praying in Communion with the Saints.
29. The Church, Teacher of Prayer.
30. The Vocal Prayer.
31. The Meditation.
32. Contemplative Prayer.
33. The Struggle of Prayer.
34. Distraction, Time of Barrenness, Sloth.
35. The Certainty of Being Heard.
36. Jesus, Model and Soul of All Prayer
37. Perseverance in Love,
38. The Paschal Prayer of Jesus For Us.