



GROWTH IN HOLINESS: PRAYER AND THE SPIRITUAL LIFE WORKSHOP

Pope Francis has designated 2024 a Year of Prayer. He urges us to embrace prayer 'as the royal road to holiness.' As part of your journey to deepen your prayer life, we invite you to access a workshop entitled **Growth in Holiness: Prayer and the Spiritual Life** offered to you freely by the Diocese of Shrewsbury, in conjunction with the Franciscan Catechetical Institute.



DIOCESE OF
SHREWSBURY

The approach offered by these workshops is gentle, inspiring, nourishing, and encouraging. They are concerned not with academic study but with formation for prayer and spiritual growth. Here is a quote from a parishioner who has made use of the Franciscan Catechetical Institute workshops and materials:

"To really understand the Faith, you need a reliable guide. The Franciscan Catechetical Institute materials have been my guide. Their engaging and thought-provoking workshops have given me a pathway through the Bible and the Catechism and have helped me to get to know God: his mercy, his love, and his plan for us. The experience has enriched my understanding, deepened my faith, and led me into a more personal relationship with God in prayer" (Parishioner at Shrewsbury Cathedral).



If you are interested in accessing the workshops, and wish to know more or how to sign up to the platform, please contact:

Jane Deegan jane.deegan@dioceseofshrewsbury.org or
Stephen Yates stephen.yates@dioceseofshrewsbury.org
Natalie Orefice natalie.orefice@dioceseofshrewsbury.org