

BETROTHED

Sacramental Marriage PREP



Marriage in the Catholic Church is a sacrament, a vocation, and a mission to love (Ephesians 5:32).

To help you understand marriage in the teaching of the Church, and prepare you for the promises you will make on the altar, you will need to spend time in preparation.

Betrothed is a Marriage Preparation Course offered by the Shrewsbury Diocese. It will help to prepare you both from a spiritual/faith perspective and relational perspective.

You are welcome to attend the course whether you are to be married at the parish where it is being run or not.



When & Where

There are three courses for 2026. Each course runs over two consecutive Saturdays
9.30am to 4.30 pm each day

1. St Columbas Church Parish Hall on the 7th & 14th of February 2026 Address: Plas
Newton Ln Chester, CH2 1SA

or

2. Vincent de Paul Church Westleigh Parish Hall on the 28th of February & 7th of
March 2026: Address: Groby Road Altrincham WA14 2BQ

or

3. Shrewsbury Cathedral Parish Hall on the 21st & 28th of March 2026: Entrance
Address: Town Walls Shrewsbury SY1 1UE

*“The Church is
deeply convinced that only by
the acceptance of the Gospel
are the hopes that man
legitimately places in marriage
and in the family capable of
being fulfilled.”*

(Pope St John Paul II Familiaris
Consortio 1981 para.3)



Course Content

The course includes catechesis on the truth and meaning of the human person, the meaning of marriage in God's plan, the effect upon marriage of the fall into sin, and marriage in the Lord – the Good News of Jesus Christ.

It also includes researched based relationship education and skills training proven to strengthen marital relationships. You will be taught skills to help you in your marriage together. This part of the course will use, among other things, teaching and insights taken from PREP inc whose numerous studies have proven the efficacy of its approach (<https://prepinc.com/pages/our-re-search>)

For more information please contact

Jane Deegan at

jane.deegan@dioceseofshrewsbury.org

Mobile:07517 906435

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**Registration is essential. To
register please contact MONIKA at:**

monika.golembiewska@dioceseofshrewsbury.org